

Ref. Ind: DES/2018/19/144

Tuesday 29<sup>th</sup> January 2019

Dear Parents,

Some children in our school have severe food allergies, e.g. to peanuts/nuts. Any exposure to peanuts/nuts may cause a life-threatening allergic reaction that requires emergency medical treatment. To reduce the chance of this occurring, we are asking that you do not send any food products containing peanuts or nuts in to school with your child.

Anaphylaxis is the severest form of allergy and can affect various organ systems including the upper and lower respiratory systems with the throat possibly closing. Our school has an emergency procedure established for such an incident.

All the children's parents take an active role in managing their allergies but need your help concerning food being brought in to school. In an effort to allow all our children to participate fully in all activities, we ask that you take extra precautions to ensure products are nut free when selecting foods to send into school for class parties, daily snacks or other special events.

If your child has eaten peanuts/nuts before coming to school, please be sure your child's hands and face have been thoroughly washed before entering the school.

Food allergies are becoming more common. We must do all we can to provide our children with a safe learning environment and with your help we shall achieve our goal.

Thank you in advance for your cooperation and assistance.

Kind regards,



Sarah Huntington (Anderson)  
Head of Secondary